

COURSE HANDICAP TABLE

Seaford Head Golf Club



| Course Rating 69.1 | Women's | s Red 2021 (from 11 | May 2021 | l) | Par 71 | Slope 113 |
|--------------------|-----------|---------------------|----------|-------|--------|------------|
| Handicap | Index Cou | urse Handicap | Handicap | Index | Course | e Handicap |
| +5.0 to | +4.6 | +5 | 25.5 to | 26.4 | | 26 |
| +4.5 to | +3.6 | +4 | 26.5 to | 27.4 | | 27 |
| +3.5 to | +2.6 | +3 | 27.5 to | 28.4 | | 28 |
| +2.5 to | +1.6 | +2 | 28.5 to | 29.4 | | 29 |
| +1.5 to | +0.6 | +1 | 29.5 to | 30.4 | | 30 |
| +0.5 to | 0.4 | 0 | 30.5 to | 31.4 | | 31 |
| 0.5 to | 1.4 | 1 | 31.5 to | 32.4 | | 32 |
| 1.5 to | 2.4 | 2 | 32.5 to | 33.4 | | 33 |
| 2.5 to | 3.4 | 3 | 33.5 to | 34.4 | | 34 |
| 3.5 to | 4.4 | 4 | 34.5 to | 35.4 | | 35 |
| 4.5 to | 5.4 | 5 | 35.5 to | 36.4 | | 36 |
| 5.5 to | 6.4 | 6 | 36.5 to | 37.4 | | 37 |
| 6.5 to | 7.4 | 7 | 37.5 to | 38.4 | | 38 |
| 7.5 to | 8.4 | 8 | 38.5 to | 39.4 | | 39 |
| 8.5 to | 9.4 | 9 | 39.5 to | 40.4 | | 40 |
| 9.5 to | 10.4 | 10 | 40.5 to | 41.4 | | 41 |
| 10.5 to | 11.4 | 11 | 41.5 to | 42.4 | | 42 |
| 11.5 to | 12.4 | 12 | 42.5 to | 43.4 | | 43 |
| 12.5 to | 13.4 | 13 | 43.5 to | 44.4 | | 44 |
| 13.5 to | 14.4 | 14 | 44.5 to | 45.4 | | 45 |
| 14.5 to | 15.4 | 15 | 45.5 to | 46.4 | | 46 |
| 15.5 to | 16.4 | 16 | 46.5 to | 47.4 | | 47 |
| 16.5 to | 17.4 | 17 | 47.5 to | 48.4 | | 48 |
| 17.5 to | 18.4 | 18 | 48.5 to | 49.4 | | 49 |
| 18.5 to | 19.4 | 19 | 49.5 to | 50.4 | | 50 |
| 19.5 to | 20.4 | 20 | 50.5 to | 51.4 | | 51 |
| 20.5 to | 21.4 | 21 | 51.5 to | 52.4 | | 52 |
| 21.5 to | 22.4 | 22 | 52.5 to | 53.4 | | 53 |
| 22.5 to | 23.4 | 23 | 53.5 to | 54.0 | | 54 |
| 23.5 to | 24.4 | 24 | | | | |
| 24.5 to | 25.4 | 25 | | | | |

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.